

# RACE DAYS 2020

**Veranstalter**  
SV Westfalen Dortmund  
**Ort**  
Dortmund

**Ausrichter**  
SV Westfalen Dortmund  
**Datum**  
vom 07.03.2020 bis 08.03.2020

## Wettkampf 32 - 400m Freistil weiblich

### Jahrgang 2009

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1.	Irmela Zeh 100m: 01:17,03 (01:17,03)   200m: 02:39,49 (01:22,46)   300m: 04:02,84 (01:23,35) 400m: 05:22,69 (01:19,85)	2009	SV Schwäbisch Gmünd	05:22,69	393
2.	Lotta Bleich 100m: 01:19,87 (01:19,87)   200m: 02:48,95 (01:29,08)   300m: 04:17,74 (01:28,79) 400m: 05:45,14 (01:27,40)	2009	Celler Schwimm-Club e.V.	05:45,14	321
3.	Jil Budzinsky 100m: 01:39,12 (01:39,12)   200m: 03:39,62 (02:00,50)   300m: 05:43,07 (02:03,45) 400m: 07:44,95 (02:01,88)	2009	SG SSF Marl-Hüls	07:44,95	131
	<u>abgemeldet</u> Caitlin Sülter	2009	De Ward		

### Jahrgang 2008

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1.	Helena Muresan 100m: 01:13,70 (01:13,70)   200m: 02:32,29 (01:18,59)   300m: 03:52,05 (01:19,76) 400m: 05:06,88 (01:14,83)	2008	Hofheimer SC	05:06,88	457
2.	Hsin-Tzu Chen 100m: 01:12,97 (01:12,97)   200m: 02:33,66 (01:20,69)   300m: 03:56,20 (01:22,54) 400m: 05:16,12 (01:19,92)	2008	SG Dortmund	05:16,12	418
3.	Maryella Monsees 100m: 01:15,12 (01:15,12)   200m: 02:36,88 (01:21,76)   300m: 03:59,34 (01:22,46) 400m: 05:18,09 (01:18,75)	2008	OSC Bremerhaven 1972	05:18,09	410
4.	Enni Keier 100m: 01:19,00 (01:19,00)   200m: 02:45,28 (01:26,28)   300m: 04:10,98 (01:25,70) 400m: 05:33,60 (01:22,62)	2008	SV Cannstatt	05:33,60	356
5.	Lynn Verhoeven 100m: 01:22,12 (01:22,12)   200m: 02:53,42 (01:31,30)   300m: 04:24,68 (01:31,26) 400m: 05:49,76 (01:25,08)	2008	De Ward	05:49,76	309
6.	Annelotte Schüssel 100m: 01:25,76 (01:25,76)   200m: 02:58,40 (01:32,64)   300m: 04:30,86 (01:32,46) 400m: 05:57,60 (01:26,74)	2008	De Ward	05:57,60	289
7.	Maud Smit 100m: 01:26,50 (01:26,50)   200m: 02:58,13 (01:31,63)   300m: 04:31,08 (01:32,95) 400m: 06:00,98 (01:29,90)	2008	VZC	06:00,98	281
	<u>abgemeldet</u> GEORGIA-LYDIA SOTIRIOU	2008	Deree Swim Academy		

### Jahrgang 2007

Platz	Schwimmerin	Jg.	Verein	Endzeit	
1.	Zara Selimovic 100m: 01:05,93 (01:05,93)   200m: 02:17,16 (01:11,23)   300m: 03:28,93 (01:11,77) 400m: 04:39,06 (01:10,13)	2007	SG Dortmund	04:39,06	608
2.	Marie Strohalm 100m: 01:09,08 (01:09,08)   200m: 02:23,75 (01:14,67)   300m: 03:39,28 (01:15,53) 400m: 04:53,05 (01:13,77)	2007	Hofheimer SC	04:53,05	525
3.	Noa Ottens 100m: 01:15,93 (01:15,93)   200m: 02:35,42 (01:19,49)   300m: 03:53,73 (01:18,31) 400m: 05:08,55 (01:14,82)	2007	VZC	05:08,55	450

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Platz	Schwimmerin	Jg.	Verein	Endzeit	
4.	Alena Krohm 100m: 01:14,35 (01:14,35)   200m: 02:35,99 (01:21,64)   300m: 03:58,16 (01:22,17) 400m: 05:16,62 (01:18,46)	2007	SG Oberhausen	05:16,62	416
5.	Robin Vermeer 100m: 01:16,43 (01:16,43)   200m: 02:37,94 (01:21,51)   300m: 04:01,14 (01:23,20) 400m: 05:21,07 (01:19,93)	2007	VZC	05:21,07	399
6.	Lina Olivia Kilper 100m: 01:17,29 (01:17,29)   200m: 02:40,06 (01:22,77)   300m: 04:02,73 (01:22,67) 400m: 05:22,32 (01:19,59)	2007	SSG Braunschweig	05:22,32	394
7.	Charlotte Plomp 100m: 01:20,17 (01:20,17)   200m: 02:44,83 (01:24,66)   300m: 04:09,44 (01:24,61) 400m: 05:27,77 (01:18,33)	2007	VZC	05:27,77	375
8.	Martha Jakobi 100m: 01:19,06 (01:19,06)   200m: 02:45,79 (01:26,73)   300m: 04:13,66 (01:27,87) 400m: 05:36,77 (01:23,11)	2007	SSG Braunschweig	05:36,77	346
9.	Vera van der Meer 100m: 01:22,29 (01:22,29)   200m: 02:49,91 (01:27,62)   300m: 04:16,86 (01:26,95) 400m: 05:40,06 (01:23,20)	2007	VZC	05:40,06	336
10.	Karina Ermisch 100m: 01:18,67 (01:18,67)   200m: 02:47,46 (01:28,79)   300m: 04:15,98 (01:28,52) 400m: 05:42,49 (01:26,51)	2007	SG Oberhausen	05:42,49	329
11.	Inge Ruisch 100m: 01:23,78 (01:23,78)   200m: 02:57,45 (01:33,67)   300m: 04:30,13 (01:32,68) 400m: 05:57,69 (01:27,56)	2007	De Ward	05:57,69	288
12.	Larissa Eller 100m: 01:20,67 (01:20,67)   200m: 02:52,15 (01:31,48)   300m: 04:27,99 (01:35,84) 400m: 05:59,37 (01:31,38)	2007	Celler Schwimm-Club e.V.	05:59,37	284
13.	Sofia Szczucki 100m: 01:28,02 (01:28,02)   200m: 03:01,61 (01:33,59)   300m: 04:34,46 (01:32,85) 400m: 06:04,56 (01:30,10)	2007	SG Wassersport Iserlohn	06:04,56	272

abgemeldet

Karla Heßmann 2007 SG Dortmund